



TANYA WHITE BIO

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● *Author/Writer*

● *Life Success Coach*

● *Empowerment Speaker*

● *Consultant/Trainer*

Go-Getter, Trailblazer, Visionary, Trendsetter-these are just a few adjectives that describe Tanya R. White. As an author, life success coach, educator and empowerment speaker, Tanya's thought provoking writings and engaging workshops are **RATED R** for being **Real, Relevant And Refreshing**. Tanya has an exhilarating presence that compels men and women to kick down the doors of ordinary living to transcend to greater levels of extraordinary personal and holistic success.

While teaching bible study classes for almost 10 years to Christian singles at one of Louisville's largest African American churches, Tanya inspired men and women to boldly fulfill their destiny through cultivating healthy relationships with God, themselves and other people. She continues to challenge people to develop healthy relationships by resolving past issues, building self confidence, setting relationship boundaries and expectations, calmly confronting conflict and engaging in honest and effective communication.

In December 2005, Tanya's pain, purpose and passion birthed another dimension of her destiny. To cope with the devastating death of her mother from lung cancer, she launched a weekly e-newsletter called Tanya's Tips. Her mother's death awakened Tanya to cherish and maximize every moment of life. Jill Scott's song "Golden" became her life theme and through the e-newsletter, Tanya empowers people to live the golden life by giving practical life *Tips For Today That Will Transform Your Tomorrow!* Tanya's Tips has exploded into a weekly dose of life changing impartation that currently is distributed internationally in 16 states and in London, UK.

In 2007, Tanya released her 1st book entitled ***How To Deal With A Difficult Woman: A Survival Guide For Dealing With The Wackiest, Wishy-Washy and Worrisome Women In Your Life*** which made the Top 50 Black Christian Independent Publishers Bestsellers List for Non-fiction in March, April and May 2008. Rankings are based upon reports from www.Amazon.com, www.BarnesandNoble.com and www.blackchristiannews.com/independentbcbdbestseller.html.

This relationship realist will release her sophomore project in June 2008 entitled ***Relationship Reruns: How To Break The Cycle Of Choosing The Wrong People For The Right Relationships*** will discuss why and how people repeatedly engage in unwanted, unsatisfying and unhealthy relationships. Tanya will also be featured as a co-author in the *Emotional Wellness For Women* book compilation for the Professional Women's Network which will be released on March 28, 2008.

Tanya is a woman on the move who continues to set high standards and manifest results. It is no wonder why she was featured in the 2007 and 2008 editions of the ***Who's Who of Black Louisville*** business directory and will be featured in the March 2008 premier issue of ***Elect Lady Magazine*** in article entitled ***25 Beautiful and Successful Singles***. In 2002, Tanya was also nominated for a Today's Woman Honoring Excellent Role Models award in the "Wise Woman" category. In 2003, she was featured in the Today's Woman magazine article entitled *Wise Decisions*. She has also been on many radio shows nationwide. To book Tanya as a speaker or for more information, please visit www.tanyawhite.com, www.myspace.com/tanyawhiteky or e-mail her at tanya@tanyawhite.com.



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Best Sellers List

- March, April and May 2008- Black Christian News/BCBD National Independent Publishers Top 50 Non-Fiction Bestseller's List - www.blackchristiannews.com/independentbcbdbestseller.html

Media Interview Appearances

- April 2008- **A Word 4 U** radio show with host Tracy Lawanda via www.blogtalkradio.com/Aword4u - Hayward, CA
- April 2008- **Today's Breathing Room** radio show with host Candace House via www.blogtalkradio.com/Todays-BreathingRoom -
- January 2008- **Destiny, The People's Show** radio show with host Daphne Ali via <http://www.blogtalkradio.com/kismetentertainment> - **Augusta, GA**
- December 2007- **The Cathy Harris Show** radio show with host Cathy Harris via www.blogtalkradio.com/TheCathyHarrisShow - Atlanta, GA
- December 2007 - **Higher Living** radio show with host John Key via WGVE 88.7 - Chicago, IL
- December 2007- **Afternoon Jamz** radio show with host Paul "PA" Billings via www.1037thebeat.com WUVS 103.7 - Muskegon, WI
- September 2007 - **Inspirational Vitamin** radio show with host Lee Felicia - Tallahassee, FL
- September 2007 - **Unveiling The Mask** radio show with host Cherilyn Azibuke via www.galactic7radio.com - St. Louis, MO
- August 2007 - **Radio One, Authors Week** with host Neicy Davis via www.foxy955.net FOXY 95.5 - St. Louis, MO
- August 2007 - **Ferguson Literary Hour** with host Torrian Ferguson via www.artistfirst.com - Greensboro, NC
- August 2007 - **iRock Talk Radio** show with host Jerry Royce via www.irocktalkradio.com/JR_Show_TanyaWhite.html - Baltimore, MD
- August 2007 - **Artist First** radio show with host Z Man via www.artistfirst.com - Alliance, OH

Print Publications

- March 2008 **Who's Who In Black Louisville** business directory
- March 2008 **Elect Lady Magazine** article entitled *25 Beautiful and Successful Singles*
- May 2007 **NAWBO Monthly Internet Spotlight**
- March 2007 **Who's Who In Black Louisville** business directory
- January 2003 issue **Today's Woman Magazine** article entitled **Wise Decisions**